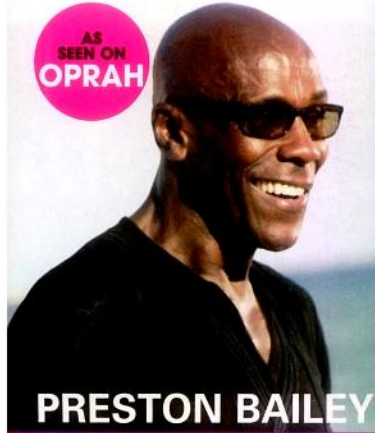


AS SEEN ON
OPRAH



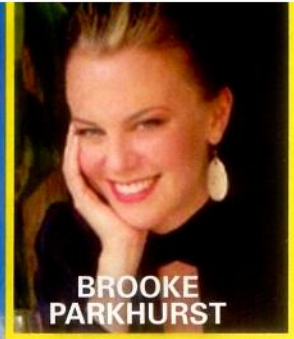
PRESTON BAILEY

**LEGENDARY
EVENT PLANNER**

The Learning Annex®

\$FREE

SEPTEMBER / OCTOBER 2007



**BROOKE
PARKHURST**

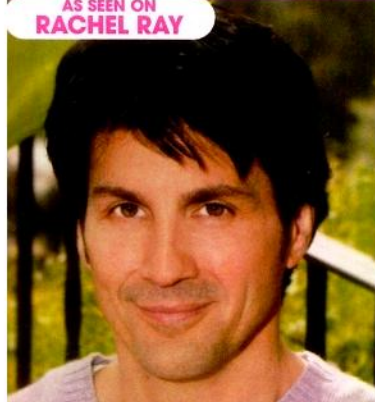
**BLOG
YOUR WAY
TO SUCCESS**



LISA MASTERS

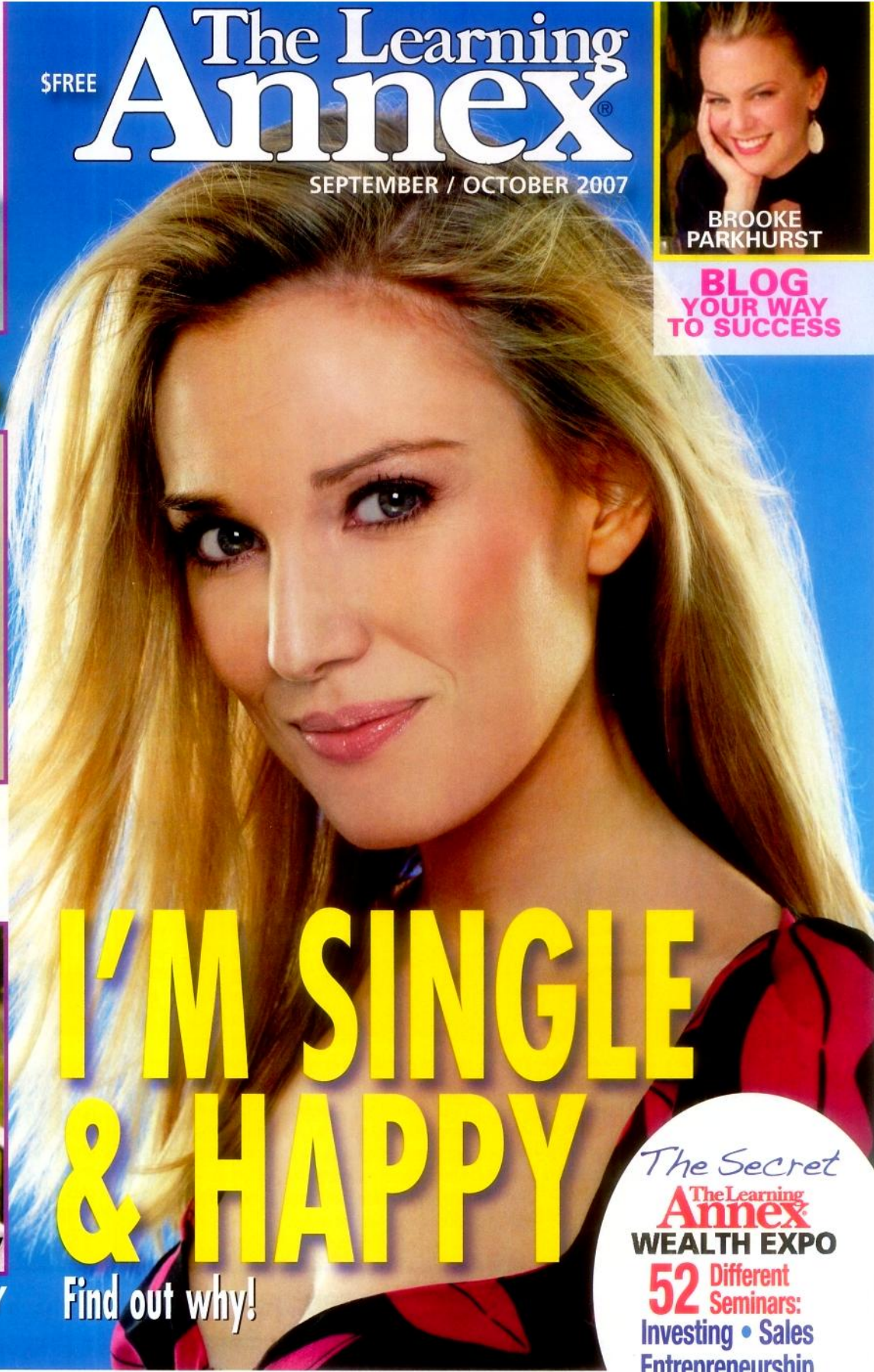
**MAKE
BIG MONEY
MODELING**

AS SEEN ON
RACHEL RAY



DR. TIMOTHY BRANTLEY

**HEAL YOUR BODY
SAVE YOUR LIFE**



I'M SINGLE & HAPPY

Find out why!

The Secret
The Learning Annex
WEALTH EXPO
52 Different Seminars:
Investing • Sales
Entrepreneurship
Wealth • Internet

TRUMP ★ FOREMAN ★ ROBBINS ★ CANFIELD

Living Absolutely Unstoppable How to Program Yourself to Get What You Want

You've heard the stories. People who cure themselves of major disease... or overcome great challenges... or simply improve their golf



game - all through the power of the mind. But how is it done?

Willie Ray Blanks transforms lives and inspires many to reach personal goals

by reminding you of your positive life force that already exists within you.

Willie will take you on a two part journey to discover how to live the unstoppable life by:

- Unlocking the secret to living the life you want
- Conquering misguided thoughts that lead to compulsive behavior
- Finding your path and learn the techniques to stay on it
- Attracting success into your life
- Properly using your thought energies
- Plus much more!

Willie Ray Blanks has been inspiring people and training people for 25 years. Blanks' commitment to internal empowerment and enlightenment has been a lifelong process. Willie's ultimate goal is to share his new fitness program, Willinetics sharing his knowledge of fitness along with his brother creator of Tae Bo Billy Blanks. Recently, he participated in "National Eating Disorder Awareness Week" at the California University of PA.

Course 3353
Sec. A Oct. 11 7-9pm
Members online fee \$39⁹⁹ / Online fee \$44⁹⁹
Members course fee \$44⁹⁹ / Course fee \$49⁹⁹

Single in the City: How to Create Success, Wealth and Happiness on Your Own With Imogen Lloyd Webber

With about 50% of adults in New York being single, why is it that so much in today's world is still geared towards couples? Get over it! Singles can be just as happy, successful and satisfied as couples - maybe more so.



Imogen Lloyd Webber

That's what successful writer and producer **Imogen Lloyd Webber** thought. And that's why she wrote 'The Single Girl's Guide.'

This fun, informative evening is a great networking opportunity and a great way to learn and exchange ideas! First, Imogen will talk about life from a single's perspective (the honest pros and cons), then give you practical advice and tips on how you can:

- Live your life the way you want
- Create a happy, safe, independent lifestyle
- Boost your self-confidence and self-image
- Find a new career or start a new business
- Build wealth
- Reinvent yourself so you can follow your path and dreams.

Imogen Lloyd Webber is a writer and producer from London who is living and loving the single girl's life.

Course 0906
Sec. A Oct. 23 6:45-9:30pm
Member online fee \$29⁹⁹ / Online fee \$34⁹⁹
Member course fee \$34⁹⁹ / Course fee \$39⁹⁹

Stop Being Nice! Living Authentically and Loving It!



Do you say "yes" when you want to say "no"? Do you put others' interests before your own? Being Mr. or Ms. Nice Guy is a form of self-sabotage. It stunts personal growth, relationships and success. But with new breakthrough techniques, you can overcome this debilitating habit and transform niceness into authenticity and self-empowerment.

To help you do this, you will define the key behaviors that make you "too nice." These include:

- Trying to be perfect
- Doing more than your share
- Not asking for what you want
- Not saying what you mean
- Suppressing your anger
- Reasoning with irrational people
- Playing protector and rescuer
- Giving unbidden advice.

Powerful, proven techniques that include guided imagery and belief reversal help you change these self-defeating behaviors as you learn to:

- Say "no" when it suits you
- Detach from the expectations of others
- Ask for what you want and need
- Express anger in ways that heal
- Allow friends and family to be responsible for their own lives
- And more.

Fran Greenfield, M.A., is a psychotherapist, imagery consultant and author. She has appeared on Good Day New York and on NPR's Living Without Limits. She lives in Manhattan where she conducts a private practice and consults for businesses, education and health-care institutions.

Course 9830
Sec. CF Sep. 26 6:45-9:30pm
Sec. CG Oct. 30 6:45-9:30pm
Sec. CH Nov. 28 6:45-9:30pm
Member online fee \$39⁹⁹ / Online fee \$44⁹⁹
Member course fee \$44⁹⁹ / Course fee \$49⁹⁹

How to Kick Your Sugar Habit for Good Get Energy, Shed Pounds, Boost Your Moods, Banish Brain Fog & More

Are your sugar highs getting you down? Are you fed up because you're hooked on sweets and simple carbs? Are you wiped out, cranky, depressed and overweight? Let nationally renowned "Sugar Liberator" **Connie Bennett**, author of SUGAR SHOCK!, teach you tried-and-true secrets and strategies to squash your sugar habit for good so you can feel energized, focus better, become more cheerful, improve your overall health and maybe even rev up your libido.

In this fun, often-interactive course, you'll learn how to:

- Find out if (and how badly) you're in SUGAR SHOCK!
- Undertake one simple tactic to kickstart your path towards sugar freedom
- Call upon "The 6 D's," Connie's simple technique to ward off in-the-moment sugar cravings
- Make kicking (or reducing) sugar fun
- Become a "Savvy Sugar Sleuth"
- Find out which one of 3 sugar personality types you are
- Identify "sugar pushers" and Say No With Sass!™ to these saboteurs
- Use the Cookie Cutter Technique™ to halt cravings
- Develop a take-it-or-leave-it attitude towards dessert foods.

Connie Bennett, C.H.H.C. is author of the acclaimed book SUGAR SHOCK! which has been endorsed by numerous experts such as frequent "Oprah" guest Dr. Mehmet Oz. She appeared on CBS News Sunday Morning and "Oprah & Friends Radio," and SUGAR SHOCK! was featured in TIME magazine and Woman's World. Connie is a certified holistic health counselor, founder of The Stop SUGAR SHOCK! Diet™ and host of Stop SUGAR SHOCK! Radio. She also is a sought-after expert and experienced journalist and columnist, who has contributed to many publications and websites such as The Los Angeles Times, eDiets.com and SheKnows.com.



Connie Bennett

Course 3615
Sec. A Oct. 11 6:45-9:30pm
Member online fee \$39⁹⁹ / Online fee \$44⁹⁹
Member course fee \$44⁹⁹ / Course fee \$49⁹⁹

register at www.learningannex.com and save up to 15%